



sponsors

Mentorship Program

August 2017



August's Mentor Support Group--Challenge Course Event!

On Wednesday, August 30th from 6-8 pm at the Mentorship House (362 Hwy 99 North) we will be engaging in portable challenge course activities that stretch us to work together, build trust, communication, and step out of our comfort zones. And it is fun! The activities will be facilitated by City of Eugene Recreation staff who work at the Spencer Butte Challenge Course. This event is NOT a potluck--we will provide pizza and drinks. Please RSVP with Amy Bowers at abowers@sponsorsinc.org. Hope to see you!



Want to work out? We have more free Oakway Fitness two-week passes on the way! Come to our office to pick them up.



Beginner Level Mount Pisgah

Nature Walk! On Friday, August 18th we will take a leisurely one-hour walk around Mount Pisgah to enjoy a cool breeze from the nearby Willamette River, and explore a variety of habitats with Rebecca Hazen, 77-year-old self-proclaimed "natural history geek" who will answer your questions about the things you see along the way. We will meet at the Mentorship Program at 4:30 p.m. and return by 7:30 p.m. Please bring water, wear sunscreen, and dress comfortably. Please RSVP to Amy at (541) 505-5686 or abowers@sponsorsinc.org.

NEW MENTOR ORIENTATION

The next Mentorship Program orientation for **new participants** is on Saturday, August 12th from 10 am-4 pm. Mentees only need to attend from 10-1, and mentors from 10-4:00. Lunch is provided. After lunch, the mentors will resume training and the afternoon will end with a program tour of the men's facility.



Interested in playing golf? On Sunday, August 13th we will meet at the Mentorship parking lot at 9:30 a.m., and then we'll head to Fiddlers Green at 91292 Hwy 99 North to play nine holes. Golf brings us close to nature and is calming and exhilarating. It's a great stress reliever. Bring water, wear sunscreen, and dress comfortably. Brett will lead this event, and please RSVP to Amy at (541) 505-5686 or abowers@sponsorsinc.org.

Open Hours

August Open Mentor

Conference Room Hours-

Mentors, if you would like to get together with other mentors for an informal "support group" session, please come to the Mentorship Program Conference room on Thurs August 31st from 2-4 pm. We will have this session on the last Thursday of each month at the same time, so mark your calendars! One mentor who came last month commented by saying "I found meeting with other mentors re-assuring and helpful. I received ideas and information that will assist me in being a better mentor in the future. I think this is a great idea and hope other mentors will come on board!"



Want to get your GED but need extra help? Sponsors is hosting twice weekly GED tutoring classes! Sessions are facilitated by Randy Frost, Mondays and Wednesdays, 6-8 pm in the Community Room at The Oaks at 14th. Contact Kristie at 541-505-5665 for more details.



August Movie of the Month at the Oaks: Bladerunner.

The Sponsors Mentorship Program is showing Bladerunner on Thursday, August 31st from 7-10 pm at The Oaks. There will be dystopian themed movies shown at the Oaks each month on the last Thursday from 7-10 pm. Upcoming movies include Idiocracy, The Matrix, Dark City, The Postman, Akira, Waterworld, Wall*E, 12 Monkeys, Total Recall, RoboCop, and more. Please RSVP at abowers@sponsorsinc.org.



Ever wanted to play Disc

Golf? Join us on Sunday, August 27th for a round of disc golf at Westmoreland Disc Golf Course at 18th and Chambers. We'll meet at the Mentorship parking lot at 9:30 a.m. and carpool to the course. Disc golf is played much like traditional golf, but instead of a ball and clubs, players use a flying disc, or frisbee! It is a great, low-key way to get some exercise and have fun. We'll provide the frisbees – just bring water, wear sunscreen. Dress comfortably. Brett and Amy will lead this event. RSVP at (541) 505-5686 or abowers@sponsorsinc.org



August's Match of the Month is

Katie & Nikki. Nikki, Katie's mentor, was excited about her match with Katie right from the start. She kept in touch with Katie each week, and even visited with her at Coffee Creek Correctional Institution. Katie says this visit was incredibly meaningful, and showed her how much Nikki cared, even before fully getting to know each other. After Katie's release, Nikki helped with errands, which Katie says made a significant difference. Since then, they have enjoyed the Holiday Party, ice skating, eating out, and a roller skating birthday party together. Nikki says she's proud of Katie for her accomplishments, and believes she is on track for great things. "Being matched with Katie has been like finding a great friend." They know one thing for certain - that they will continue to be friends even after their mentorship match comes to a close.