



# Sponsors

Mentorship Program



**Trestle Creek Falls Hike-** Please join us on Sunday, April 9th from 9:30-3 pm to go on a beautiful three mile round trip hike to Trestle Creek Falls, located just outside of Cottage Grove. We will meet at the Mentorship Program parking lot at 9:30 am, and are hiking rain or shine! Please bring a sack lunch, water and a backpack if you have it. This will be a great way to get outdoors, our first of many hikes this spring and summer! If you are interested in coming, please contact Kenji 541-505-5686 or [khammon@sponsorsinc.org](mailto:khammon@sponsorsinc.org)



**Join us for April's Documentary Movie to see "Dive!"** We will meet in the conference room at the Mentorship House on Thursday, April 27th from 7-8:30 pm, where we will watch the film and have a discussion afterwards. Popcorn and drinks will be provided! This film is only 45 minutes long, and the director tries to convince you that while diving into your local dumpster is a viable source of food, the real problem resides in the country's attitude towards food waste. Please RSVP with Kenji at [khammon@sponsorsinc.org](mailto:khammon@sponsorsinc.org).

April 2017



**Please come to the April Mentorship Support Group on Wednesday, April 26th from 6-8 pm.** We are lucky enough to be joined by Jim Garcia, the Chicano/Latino Student Program Coordinator and an Instructor at Lane Community College. Jim will lead a discussion about how equity and discrimination exist because we all have been given a story in our lives, and he will present us with a model for self-reflection on what our own stories are, and how we respond to other people's stories. This will be a potluck, so please bring food to share. RSVP with Kenji at [khammon@sponsorsinc.org](mailto:khammon@sponsorsinc.org).

## Legal Clinics

**Free legal clinic on Friday, April 7th from 2-4 pm at the Sponsors Reentry Resource Center.** In partnership with Janie Mogensen, Atty. and UO Law School, Sponsors will be hosting a Pro Bono legal clinic for anyone in Lane County with a criminal history and some legal questions. Please call 541-505-5682 to sign up.



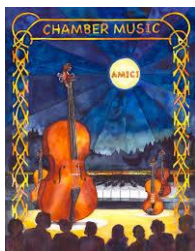
**Come over for Sunday night bingo and a potluck!** Please come to the large conference room at Sponsors on Sunday, April 30th from 5-7 pm. We will provide a main dish and drinks, but please bring a dish to share! We will also have some awesome and super cheesy prizes if you win at Bingo! What a fun way to socialize, eat great food, and get the opportunity to win a unique prize. If you are interested please RSVP with Kenji at 541-505-5686 or [khammon@sponsorsinc.org](mailto:khammon@sponsorsinc.org).



**Free tickets to Oregon Contemporary Theater's Blue Door.** Join us on Thursday, April 13th at OCT, located at 194 W. Broadway--doors open at 7 and close at 7:30. Blue Door is the story of Lewis, an African-American professor with all the conventional trappings of success, who finds his personal and professional lives thrown into turmoil when he refuses to attend the Million Man March. Unable to sleep, he is visited by ancestors—men who fought to be free, to vote, to obtain justice. If you are interested in attending please RSVP with Kenji, 541-505-5686 or [khammon@sponsorsinc.org](mailto:khammon@sponsorsinc.org).



**Try a Qigong Class for free!** Join us for our new Qigong class at Sponsors. We will have two classes this month, Tuesday April 11th in the Sponsors Mentorship Conference Room, and Tuesday April 18th in the Bothy Cottage Conference Room at the Women's Program. Both events start at 7:30pm. Qigong practices can be classified as martial, medical, or spiritual. The gentle, rhythmic movements of Qigong reduce stress, build stamina, increase vitality, and enhance the immune system. We have an amazing teacher Serena who wants to see if people are interested in the practice. Please sign up, we would love to have you attend! RSVP with Kenji 541-505-5686 or khammon@sponsorsinc.org.



**10 Free tickets to Chamber Music Amici on Monday, April 17th** from 7:30-9 pm. This is a great opportunity to check out some amazing classical music for free! This show is called Winds of Change. The program will include Mozart Trio for Clarinet and Prokofiev String Quartet #2. Please RSVP with Kenji at 541-505-5686 or khammon@sponsorsinc.org for tickets!



**April Match of the Month is Tashyena (mentee) and Lara (mentor)!** Congratulations to you both; please enjoy your Sweet Life gift card! Tashyena and Lara were matched in July of last year and are building a comfortable friendship together. Tashyena was nervous about releasing, and Lara offered calm, solid support. Early on, the two of them established an easy back and forth by phone and text that has been the constant in their relationship. Whether they are able to get together regularly for meals or activities, or if they hit a busy patch with little time to schedule outings, they have kept their lines of communication open and enjoy being in touch regularly. Lara recently let me know how she has seen their relationship develop and shared some of the things that make their relationship fun and meaningful. In addition to trying new food, the two occasionally get to discuss the ups and downs of raising teen daughters. Both women have found themselves asking each other, "What the heck do we do with these girls?!" Being able to share parenting experiences has strengthened their bond. When either one feels as though she has hit a moment that nobody else would understand, they can still share with each other for comfort, laughter, or both. Lara says she can see the relationship lasting long after the match comes to an end.



**ASK CONGRESS TO PROTECT FUNDS FOR MENTORING.** You've probably heard about the recent White House budget proposal to cut to grants at the Department of Justice, which funds the OJJDP youth mentoring grant. Now, members of Congress must make the hard decisions about funding federal programs that impact their communities. You can make the difference by taking rapid action today. Please share with them the impact that mentoring has on your community, laying an important foundation aimed at protecting federal investment in mentoring.



**The next Mentorship Program orientation** for new participants is on Saturday, April 8th from 10 am-4 pm. Mentees only need to attend from 10-1, mentors from 10-4. Lunch is provided. After lunch, the mentors will resume training and the afternoon will end with a program tour of the men's facility.





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